# SUNAPEE MIDDLE HIGH SCHOOL GUIDANCE NEWS & NOTES

QUARTER 1 2023~2024

### VETERAN APPRECIATION BREAKFAST

11/14/2023

THANKSGIVING BREAK

11/22/23~11/24/2023

#### **SUPPORT GROUPS**

(ABBOTT LIBRARY)

FAMILY STRESS & RESILIENCE

11/15/23 5:30PM

CONNECTIONS OVER COFFEE

11/17@9AM, 11/30@1PM, 12/11@9AM

COFFEE FOR CAREGIVERS

11/13 @1PM, 11/28@9AM 12/14@1PM

STUDENTS OF THE MONTH

HIGH SCHOOL

SEPTEMBER ~ LEXI SOTO MIDDLE SCHOOL

SEPTEMBER ~WILL WATKINS

The Princeton Review COIN

What is Tutor.com?

A service that delivers individualized help to students in an one-to-one interactive and on-demand virtual tutoring sessions. The tutors are standing by to meet students as soon as help is needed, whenever teachers are not available.

On-Demand, 1-to-1 Tutoring Anytime, Anywhere

**SENIORS** a reminder that when you are prepared to apply to college, you will need to notify your guidance counselor in advance and make an appointment to finalize and send your application.

### You will need:

The application and an updated transcript.

- The fee payable by check or preferably a credit card to enter electronically with online applications.
- A completed essay.  $\Diamond$
- $\Diamond$ To send your SAT and/or ACT scores electronically.
- A teacher recommendation. This is typically held on file in the guidance office assuming prior notice was given to each teacher, or submitted in most cases electronically.

## Guidance staff will:

- Make sure the application is complete, make copies, and file appropriate paperwork. Often times applications come back incomplete due to filing issues on the receiving end. Our records help us meet the required application expectations in a timely fashion as these instances occur.
- Provide a School Report and recommendation.
- Provide a School Profile.
- Mail supplemental information.
- Provide an updated transcript as requested by the receiving institutions.
- Complete mid-year and final reports.

## Launch of the 24~25 FAFSA® Form



GRANITE ADVANCE

603-225-6612

Free FAFSA help

Senior students who are considering higher education and plan to apply for financial aid need to complete the FAFSA online. There are major changes and improvements coming to the 2024–25 Free Application for Federal Student Aid (FAFSA®) form. As a result, the new form will be available in December at https://studentaid.gov/.

**Juniors** recently took the PSAT's and should receive feedback and scores in early December. We will begin post-secondary planning units including job shadow when we receive the PSAT results after the winter break.

- Chloe Leslie was selected to represent SMHS at this summer's HOBY Leadership Conference at Saint Anselm College.
- The Sunapee Middle High School Service Club will sponsor an Eat in or To-go Empty Bowls Project on Sunday, Nov. 12th at The Livery
- Congratulations to Katelyn Claus, David Flater, Benjamin Gross, Caroline McMahon, Malik Nasir, Gabriel Olin, Kaya Parker, Grace Prunier, Emma Reed, Sienna Regan and Jordan Roosevelt who were recently inducted into the National Honor Society!
- Caroline McMahon was nominated as the class of 2024 DAR Good Citizen.





Sunapee Middle School (8th grade) will participate in the National Assessment of Educational Progress (NAEP) on March 6th. NAEP is the largest nationally representative and continuing assessment of what students know and can do in various subjects. NAEP is administered by the National Center for Education Statistics, within the U.S. Department of Education. NAEP is different from our state assessments because it is a common measure of achievement across the country. The results are released as The Nation's Report Card, which provides information about student achievement to educators, parents/guardians, policymakers, and the public. Your child may take a mathematics, reading, or science assessment. In addition to subject-area questions, students voluntarily complete NAEP survey questions. These questions provide valuable information about participating students' educational experiences and opportunities to learn both in and outside of the classroom. More information about NAEP survey questions is available at <a href="https://nces.ed.gov/nationsreportcard/parents">https://nces.ed.gov/nationsreportcard/parents</a> under the section "What Questions Are on the Test?"