

GUIDANCE NEWS & NOTES

SEPTEMBER 2022

Welcome Back

We are off and running with a strong start to the school year.

Grab a **pencil** and a **calendar**...here we go!

Mr. Cooney will be visiting the **senior English classes** beginning **September 8th** to orientate students to the Common Application and the timelines for information and applications.

A **mini college fair** will take place **September 22nd** at **11:00am** at SMHS. Colleges from all over New Hampshire will come to our school to meet and work with current junior and senior students. For more information on the post-secondary schools and recruiters that visit SMHS throughout the school year visit the guidance website calendar at [SMHS Guidance](#).

September 27th at **6:30 pm** there will be a NHHEAF sponsored "**SENIOR COLLEGE NIGHT**" presentation. This event is intended for college bound seniors and their parents. The agenda will cover all the topics necessary to navigate the application process and start to make people familiar with the **financial aid** processes and procedures.

September 28th is the annual Open House, grades 6-12. The evening will begin at **6:15 pm**, parents will have an opportunity to follow their student's schedule and learn more about their child's school day.

September 29th is the date for the **Southern New Hampshire University College Fair (bus will leave at 8:00)**. We will be taking juniors and seniors (**yellow slips due 9/23**) to the fair to gather information and meet face to face with admissions counselors from prospective schools.

The **PSAT** (administered to the junior class, but available to sophomores) will be held during the school day on **October 12th** (8:00 – 11:30 am). If you are interested in registering your student for the PSAT (known as the practice test for the SAT, but also serves as a qualifier for National Merit Scholarship Program) please make a check payable to SMHS for **\$18**. Additional information on the PSAT is available in the guidance office.

SMHS 8th Hour Program: The 8th hour program is an after school structured study hall for middle and high school students. 8th hour is held in Mr. Klingerman's classroom (H5) Monday- Thursday each week from 3-4pm and is a great way to get a jump start on homework and studying. Please contact guidance if you have questions about 8th hour.

College Visits to SMHS

September 15th @ 12:00
Husson University

September 21st @ 11:45
Army Recruiter

September 22nd @ 11:00
College Mini Fair @ SMHS

September 23rd @ 12:30
The University of Maine

October 13th @ 2:15
Merrimack College

October 27th @ 1:45
University of New England

November 17th @ 11:30
Emmanuel College

PLEASE CHECK THE WEBSITE FOR UPDATES

Middle School News

We are looking forward to a great school year! We want to make your child's middle school experience the best it can be. Please feel free to contact the guidance office with any questions or concerns you may have throughout the school year. Guidance lunch and support groups are available to students who are interested.

Classroom guidance lessons start next week; we will begin the year with Second Step, a research based social-emotional learning program. In the first unit, students learn how to develop a growth mindset and apply research based goal setting strategies to their social and academic lives.

Lastly, Middle School is a great time for students to explore extra-curricular opportunities. Students could try out a new sport or join a club for enrichment. More information can be found on the school web site or by contacting the guidance office. ~ contact Mrs. Watkins for more information. jwatkins@sunapeeschools.org

OVER

2022-2023 SAT Test Dates & Registration Deadlines

SAT Test Dates	Registration Dates	Late Registration <input type="checkbox"/>	Score Release Dates
October 1, 2022	Sept. 2nd	Sept. 20th	Oct. 14th
November 5, 2022	Oct. 7th	Oct. 25th	Nov. 18th
December 3, 2022	Nov. 3rd	Nov. 22nd	Dec. 16th
March 11, 2023	Feb. 10th	Feb. 28th	Mar. 24th
May 6, 2023	April 7th	April 25th	May 19th
June 3, 2023	May. 4th	Feb. 28th	Mar. 24th

NH School Day SAT for grade 11

Testing Window: March 23-25