

SUNAPEE MIDDLE HIGH SCHOOL GUIDANCE NEWS & NOTES

QUARTER 1 2020-2021

NO SCHOOL

11/23-11/27

THANKSGIVING BREAK

12/21-1/01

WINTER BREAK

CHANGE
IN DATES

CONGRATULATIONS



2020 DIV IV BOYS SOCCER CHAMPS

CONGRATULATIONS
to the **GIRLS SOCCER**
TEAM and the
VOLLEYBALL TEAM
for a **GREAT** season!

SENIORS a reminder that when you are prepared to apply to college, you will need to notify your guidance counselor in advance and make an appointment to finalize and send your application.

You will need:

- The application.
- The fee payable by check or preferably a credit card to enter electronically with online applications.
- A completed essay.
- To send your SAT and/or ACT scores electronically.
- An updated transcript.
- A teacher recommendation. This is typically held on file in the guidance office assuming prior notice was given to each teacher, or submitted electronically.

2021-2022
FAFSA
Now Available
Submit the FAFSA at www.fafsa.gov



Guidance staff will:

- Make sure the application is complete, make copies, and file appropriate paperwork. Often times applications come back incomplete due to filing issues on the receiving end. Our records help us meet the required application expectations in a timely fashion as these instances occur.
- Provide a School Report and recommendation.
- Provide a School Profile.
- Mail supplemental information.
- Provide an updated transcript as requested by the receiving institutions.
- Complete mid-year and final reports.

Juniors recently took the PSAT's and should receive feedback and scores in early January. We will begin post-secondary planning units including job shadow when we receive the PSAT results after the winter break.

COLLEGE ACCEPTANCES
CLASS OF '21
HUSSON UNIVERSITY
LAKES REGION COMMUNITY COLLEGE
UNIVERSITY OF NEW HAMPSHIRE
WHITE MOUNTAINS COMMUNITY COLLEGE
WINGATE UNIVERSITY

STUDENTS OF THE MONTH

HIGH SCHOOL
September-**SEAN MOYNIHAN**
October-**ABIGAIL POLLARI**
MIDDLE SCHOOL
September-**BRIANNA STEPHENSON**
October-**XAVIER GEBO**

MESSAGE FROM THE SUPERINTENDENT : As we head into the colder months, we are finding that our protocol on temperature screening each child before entering our buses or schools is becoming less accurate. We feel that parents have been doing well utilizing the home screening tool each day, and we would ask that parents continue to be diligent in this process.

Starting on November 9th we will not be temperature-screening every child before they enter the bus or school. We will still have staff members greet our bus students, parent drop-off students, and student drivers each morning outside each building, do a quick check-in on screening tools and ensure the safety of each child exiting a car or bus as they enter our facilities. We will also conduct temperature checks on students as needed once inside our facilities. Parents of students who temperature screen over 100 degrees will be called to pick up their child.

Please also find the updated 2020-2021 school calendar on the school website (www.SAU85.org). The School Board approved two changes to the current calendar. Thanksgiving break will be Nov 23-27, and the December break will run from December 21st – January 1, 2021.

SAT – Grade 12 SAT
School day 2020

2020 SMHS SCHOOL YEAR TESTING RESULTS



2020 SCHOOL DAY SAT TEST SCORES	SMHS-2020	STATE-2019
Reading/Writing Mean Score	548	516
Math Mean Score	536	509

MODERN STATES'

The Department of Education Commissioner announced a partnership with Modern States, a philanthropy dedicated to making a college degree more affordable and accessible, to offer free courses providing New Hampshire students with the opportunity to earn high school and college credit. Modern States will pay for 1,000 College-Level Examination Program (CLEP) tests, which could save students as much as \$1.5 million in college tuition.

Modern States' tuition-free online courses prepare students for CLEP exams, which are offered by the College Board. They are accepted for credit at 2,900 colleges and universities across the country, including the University System of New Hampshire and New Hampshire Community College System. Under New Hampshire's competency-based system, students who demonstrate proficiency by passing CLEP exams can also receive high school credit.

Modern States' offers 32 courses, including foreign languages, math, science, English and economics. Courses are self-paced and designed to prepare students to pass the corresponding CLEP exam. There are six locations across New Hampshire where students can take the exams. The free, online courses are taught by professors from universities such as MIT, Columbia, Johns Hopkins, Tufts, Rutgers, and George Washington. Modern States will pay the \$89 exam fee and the proctoring fee (\$25-\$30) for Granite State students who take the first 1,000 tests. At an average cost of \$1,500 per course credit, students will have the opportunity to take free exams that could save them up to \$1.5 million in tuition.

More than 230,000 students have signed up for Modern States. For more information, visit <https://nh.modernstates.org> or contact Jennifer Leckstrom at (215) 681-0770 or jleckstrom@rosecomm.com



ADDITIONAL NEWS

- ◇ **8th hour** is open to any student who would like to get a jump start on homework. The 8th hour program runs Mon.-Thurs. from 2:50-3:50 in Room H5. Contact the Guidance Office for more information. Students are all welcome to use the late bus as needed.
- ◇ The Sunapee Middle High School Service Club will sponsor a **To-go Empty Bowls Project** on Thursday, Nov. 19th from 4:30-6:30 drive-thru pickup @ SMHS . This event will raise funds for our local food pantry. Takeout meals include: homemade soup, bread, and dessert along with a handmade gift wrapped pottery bowl! Reserve your dinner by Sunday, Nov. 15th by completing the following form: [SMHS Empty Bowls 2020](#) or by contacting: lhobowicz@sunapeeschools.org.
- ◇ We are a **NH Scholar School**. Students who are eligible have been notified. Please visit [NH Scholars](#) for more information.
- ◇ **Alexa Jenkins** was nominated as the class of 2021 **DAR Good Citizen**.
- ◇ **Cam Messenger** was selected to represent SMHS at this summer's **HOBY Leadership Conference** at Saint Anselm College.
- ◇ Stop by guidance during your study hall. We have a lab set up for you to work on your college applications.

