

SUNAPEE MIDDLE HIGH SCHOOL GUIDANCE NEWS & NOTES

QUARTER 1 2019 - 2020



Veteran Appreciation Breakfast
Nov. 8th

**Quarter 1 Honor Roll Trip
to Dartmouth College Football**
Nov. 16th

Fall Musical-Elf Jr.
Nov. 25th-Nov. 26th



**College Acceptances
for the
Class of 2020**

**Norwich University
Vermont Technical College**



HIGH SCHOOL
September~Kevin Nolan
October~Tess Palin

MIDDLE SCHOOL
September~Clare Tuohy
October~Malik Nasir



SENIORS

A reminder that when you are prepared to apply to college, you will need to notify your guidance counselor in advance and make an appointment to finalize and send your application.

You will need:

- The application.
- The fee payable by check or preferably a credit card to enter electronically with online applications.
- A completed essay.
- To send your SAT and/or ACT scores electronically.
- An updated transcript.
- A teacher recommendation. This is typically held on file in the guidance office assuming prior notice was given to each teacher, or submitted electronically.

Guidance staff will:

- Make sure the application is complete, make copies, and file appropriate paperwork. Often times applications come back incomplete due to filing issues on the receiving end. Our records help us meet the required application expectations in a timely fashion as these instances occur.
- Provide a School Report and recommendation.
- Provide a School Profile.
- Mail supplemental information.
- Provide an updated transcript as requested by the receiving institutions.
- Complete mid-year and final reports.



[NHHEAF](#)

FAFSA

Federal Student Aid
An office of the U.S. Department of Education

[FAFSA](#)

Juniors recently took the PSAT's and should receive feedback and scores in early January. We will begin Junior post-secondary planning units including job shadow when we receive the PSAT results after the winter break.

**FREE
FAFSA
HELP**

ACCOMPLISHMENTS

- ⇒ **Congratulations to Amita Ayers, Madison Giberson, Haley Hathorn, Josie Petrin and Sierra Tiffany** who performed in the All New England Choral Festival on November 7th at Plymouth State University.
- ⇒ **Congratulations to Madison Giberson** who will perform in the All New England Band Festival on November 25th at Plymouth State University.
- ⇒ **Congratulations to Noell Bergeron, Harper Flint, Sean Moynihan, Lizzy Nichols and Tess Palin** who were recently inducted into the National Honor Society!

2019 SMHS School Year Testing Results

SAT – Grade 11 SAT
School day 2019

2018-19 SAT Test Scores	SMHS	State
Reading/Writing Mean Score	533	532
Math Mean Score	552	520

NH State Assessment
System Test Data

GRADE	SUNAPEE / STATE/SPREAD ELA	SUNAPEE/STATE/SPREAD MATH	SUNAPEE/STATE/SPREAD SCIENCE
Grade 6	71%/56%/15%	74%/47%/27%	N/A
Grade 7	58%/57%/1%	61%/47%/14%	N/A
Grade 8	69%/53%/16%	71%/45%/26%	57%/39%/18%
Grade 11	N/A	N/A	42%/41%/1%

2019
AP Test Data

Course	Number of Students	Average Score	State Average	National Average
AP Biology	7	3.29	3.21	2.92
AP Calculus	12	4.25	3.2	2.92
AP English Language	19	2.74	2.94	2.62
AP US History	12	4.25	2.95	2.71

ADDITIONAL NEWS

- ◇ **8th hour** is open to any student who would like to get a jump start on homework. The 8th hour program runs Mon.-Thurs. from 2:50-3:50 in Room H5. Contact the Guidance Office for more information. Students are all welcome to use the late bus as needed.
- ◇ Juniors and Seniors attended The New England Association for College Admissions Counseling (NEACAC) College Fair at SNHU on Thursday, September 26th.
- ◇ **A St Paul's Advanced Summer Program** representative met with interested juniors. More information on ASP is available in the Guidance Office.
- ◇ The Sunapee Middle High School Service Club will sponsor an **Empty Bowls Project** on Thursday, November 21st at The Livery in Sunapee Harbor. This event will raise funds for our local food pantry. Homemade soups and breads served in handmade pottery bowls that you can take home! Enjoy live music by students. Reserve your \$20 ticket in advance by contacting: shathorn@sunapeeschools.org.
- ◇ We are a **NH Scholar School**. Students who are eligible have been notified. Please visit [NH Scholars](#) for more information.
- ◇ **Jordan Chappell** was nominated as the class of 2020 **DAR Good Citizen**.
- ◇ **Molly Reed** was selected to represent SMHS at this summer's **HOBY Leadership Conference** at Saint Anselm College.
- ◇ **The Red Sox Scholarship** is open to Sunapee Seniors this school year– Deadline is 1/17/2020– For more information please visit–[Red Sox Application](#) .
- ◇ Stop by guidance during your study hall. We have a lab set up for you to work on your college applications.
- ◇ On November 14, Dr. Stephen Marko will speak with students about vaping. He is an Internal Medicine Critical Care Fellow at Dartmouth-Hitchcock Medical Center. The middle school presentation will be during 3rd period, and the high school presentation will be during 4th period. Dr. Marko will present and then there will be time for Q&A. Our clinical mental health counselor, Brittany Sipe, will also speak briefly about vaping cessation and resources that are available.
- ◇ Applications for the **Dartmouth College's Special Community Student High School Program** are due Nov. 15th. For more information please visit-[Special Community Student Program](#).

